



# MYNA DAY 2022

## 7 Years



6TH JULY 2022



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# ABOUT MYNA

Myna is a **grassroots organization** run and managed by its beneficiaries in slums and has three operational units: **Myna Health, Myna Employ and Myna Research.**

Since it was founded in **2015**, **Myna Health** has been providing women with health education and access to affordable menstrual health products at their doorstep. With its core beliefs around making women proactive about their own health.

**Myna Employ** also generates employment opportunities and employability skills for girls and women in urban slums.

**Myna Research** focuses on Myna's data-driven approach which helps us make strategic decisions, based on data interpretation.



## Our Vision and Mission

### Vision

Educate, enable, enhance and empower women by improving their health and standard of living.

### Mission

Increase women's agency and decision making power in the household to make women more confident and financially independent and healthy.



# OUR FOUNDER'S STORY



**Suhani Jalota**, founder and CEO of Myna Mahila Foundation, began her economic research project in the Dharavi slums of Mumbai, to understand the operation and maintenance of public toilets. It was during this time she found out, that women faced various issues on the way to the toilets, that ranged from violence to taking constipation pills constipated to avoid using the toilets. She recognized and addressed the issue and Myna was established during this period with the community women. Myna Mahila became a safe space for girls and women, while the pads produced by the beneficiaries for the beneficiaries (that were distributed door to door) became a conversation started for the women in distress. Today, the women and beneficiaries of Myna are chatting and address the issues that cause them distress.

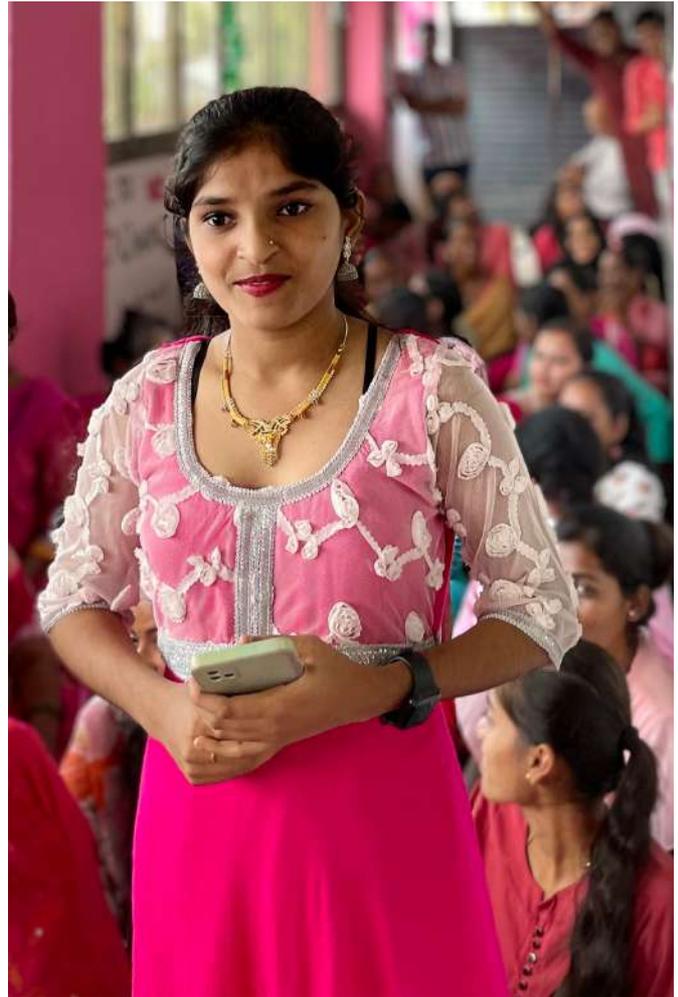


# MYNA DAY

**Myna Mahila Foundation** completed **SEVEN** years of its commencement on the 6th July 2022. Owing to this, an event was organized at our community centers - Bandra and Govandi. The aim was to engage our beneficiaries of the urban slums to extend their horizons of creativity on the theme, **Women Empowerment**.

Myna's entire team met in the second half at the community center at Govandi and shared a meal. The meal was followed by dance, entertainment, the founder's speech, voices from the field, Myna Queen Awards and quiz competitions, keeping with Myna's values.

The team participated and enjoyed every bit of the celebration.





# TALENT HUNT

## For our Beneficiaries

Myna's community-based centers at Bandra and Govandi encouraged girls and women to participate in a 'Talent Hunt' organized by Myna on the theme 'Women Empowerment'. The Myna centers were decorated by the Myna team for the 7th Anniversary.

The Bandra center saw the participation of five beneficiaries while Govandi had eleven participants. The girls and women confidently depicted their talents as they recited motivational songs, designed mehndi, created rangoli designs, wrote poems, drew, danced as well as made creative designs with craft items on a cup.

To appreciate the time and talent shown by the participants, Myna's facilitated each participant with a participation certificate and a pad packet.



# QUIZZES AND MORE

## For the Myna Team

Post the 'Talent Hunt' with the beneficiaries, Myna's entire Team shared a meal together.

The second half of our 7th Anniversary was dedicated to our team bonding activities and fun quizzes. Archana Jadhav was the compare for the celebration. Myna's Anniversary video was played in which Myna's Family shared their best moments with Myna and the Myna values they took to their personal life practices as well. Girls of the community are not allowed to dance in their home, however, with another safe space like home, these girls feel free to express themselves through dance. A combination of three dances were performed by our beneficiaries. Two Fellows from the Myna Health and Employ vertical shared their transformation from being shy to a chatty Myna Bird and from being unable to make decisions to being a decision maker.

A quiz called 'Dimag Ki Batti Jalao' was arranged by the Associate Director. Myna values, vision and mission, and days celebrated by Myna and Myna's verticals were the core areas of our quiz.



# MYNA QUEENS

Myna's staff members who completed their 7 years at Myna were recognized and awarded as being the 'Queens of Myna'. Each Myna Queen was presented with a certificate, a shawl and coconut as a token of gratitude and appreciation by our founder.



**Myna Queen**

**Haseena Shah**



**Myna Queen**

**Sapna Tupe**



**Myna Queen**

**Aisha Khan**



*I was illiterate and jobless. I used to be a homemaker. Myna Mahila Foundation recognized me and provided me with a job. I feel honored to be a part of the Myna Family.*

**Aisha Khan**



**Myna Queen**

**Archana Ambre**



**Most Valued Employee**

**Kajal Godabole**



**Myna Queen**

**Mumtaz Ansari**

# 7 WAYS MYNA IS SPECIAL

A speech by our founder Suhani Jalota was then addressed to the Myna Team. She spoke about 7 ways special to Myna. The following points were highlighted:

- **Myna is all about the girls** – our girls who work with us, our fellows, our team, our champions/sponsor a girl girls/rani workers.
- **Myna is unique in bringing so many types of people together** – our girls, doctors, college students, people within Mumbai who want to do social impact, and people around the world – UK, USA – all look up to us.
- **We are not afraid of new things** – Here, we move and change according to the needs, and to use the latest technology to support our women.
- **We all own Myna and treat it as our own.**
- **We can dance and have fun together**, make fun of each other, and give feedback, without taking things personally.
- **We care about what we do**, and we do it not for the money but for the purpose.
- **We love each other** – we’ve found some best friends here, and found a community we love.



## TESTIMONIAL

*I am happy for Myna's work at Bandra and 7 years. I wish Myna all the best for any future endeavor.*

Kalpana | Anganwadi worker

*I am grateful to Myna Mahila for giving me the platform to showcase my talent.*

Sabina | Beneficiary

*I like to make craft items and enjoyed the process. I thank Myna for arranging the talent hunt.*

Kanchan | Beneficiary

# OUR GUESTS

A few stakeholders attended the Myna Day celebration Mrs Kalpana Gavli | Anganwadi worker, Bandra, Mrs. Suvarna Kaude | Door-Step Foundation, Mr. Santosh Chaure and Mr. Bhushan Lokamitra | Doctors Without Border Foundation, Kadam Kaka, the Sai Baba Mandir Pujari and Sumit Pawar | Mumbai Police. Our Assistant Director, Mrs Sweta Kanavaje briefed them about Myna Mahila Foundation, different programs running under the 3 verticals and the day's celebrations. Few of the participants presented their talents in front of the stakeholders and all of the stakeholders facilitated the participants.





# GET IN TOUCH

## VISIT US

### COMMUNITY CENTER

10/11, Building No. 34/A,  
Natwar Parekh Compound,  
GM Link Rd. **Govandi** West,  
Mumbai - 400043

### COMMUNITY CENTER

Myna Mahila Foundation,  
12 C, Titanic, Maharashtra  
Nagar, **Bandra** East,  
Mumbai, 400051

### OPERATIONS UNIT

305, Anurag Business Center  
Waman Tukaram Patil Marg,  
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