

# ANNUAL REPORT



# 2020-2024

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# THE PROBLEM WE ARE TRYING TO SOLVE

According to the India Housing Report, over 100 million people are estimated to live in urban slums. The determinants of health in urban slums are extremely complex and are characterized by a concentration of the detrimental effects of poverty, environmental challenges, and marginalization from formal infrastructure and services. India is committed to achieving the Sustainable Development Goals.

To effectively advance Sustainable Development Goal 5, which focuses on achieving gender equality and empowering women and girls in India, special attention must be given to the slum populations where women's vulnerabilities are prevalent.

Despite the numerous challenges and priorities faced by slum dwellers, the health of women is often neglected. Barriers persist in accessing sexual and reproductive health (SRH) services, stemming from factors like stigma, discrimination, and inadequate availability of quality healthcare. Consequently, these women find themselves without access to essential healthcare, leaving them stranded and isolated. Additionally, they lack a trusted confidante to discuss their concerns openly.

These issues further hinder their ability to secure gainful employment, impeding progress toward achieving Sustainable Development Goal 8.



# DIVING INTO THE BASICS OF MYNA

Focused on improving the health and standard of living of women and girls living in Mumbai's urban slums, the Myna Mahila Foundation is working with low-income communities to empower women to speak out about the issues relating to sexual reproductive health.

In patriarchal societies like India, women face the burden of keeping their problems – especially those related to menstrual and sexual reproductive health – to themselves. They also face the burden of ignoring their health issues and, thus, prioritizing the family's needs.

A not-for-profit organization, Myna Mahila Foundation (MMF), has the vision to increase women's agency and decision-making power to make them more confident, financially independent, and healthy.

Our concerted efforts since 2015 have resulted in over 1.5 million beneficiaries in the urban slums of Mumbai and around India. We have also conducted sessions internationally in Nepal and Sri Lanka as well. These beneficiaries have been sensitized to create sustainable health behavior change. This has shattered the stigma common in low-income households around sexual and reproductive health.

MMF has created avenues to provide productive employment opportunities to these beneficiaries and to place them as one of the voices in the household's decision-making process.

We work at the grassroots, and 84% of our employees are the beneficiaries of our initiatives, becoming our foot soldiers determined to take the initiatives forward and maximize our outreach.

Having just started with access to menstrual health products at their doorstep, MMF has now evolved into three main verticals – Myna for HER – focused on creating a gender-responsive home environment.



# MESSAGE FROM OUR CEO

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# VISION & MISSION

The Myna Mahila Foundation was established to enhance women's autonomy and decision-making skills to empower them to be more confident, financially independent, and healthy. The organization's **three verticals - Health, Employ, and Research** - each have a mission that directly aligns with its overarching vision."



## HEALTH

To promote, support, and maintain positive health-seeking behaviors among females aged 10-51 in urban slums regarding their sexual and reproductive health through a holistic approach



## EMPLOY

Provide urban slum women aged 18-45 with employment opportunities, employability skills, confidence-building, leadership training, and communication skills to enhance their decision-making power.



## RESEARCH

Enabling data-driven decision-making to implement the most impactful programs for urban women, focusing on women's health and employment

**'OUR GOAL IS MYNA FOR HER.'**



# OUR FOCUS

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The Myna Mahila Foundation (thereof referred to as Myna) stands as a globally recognized and award-winning social enterprise (not-for-profit organization, with a dedicated focus on advancing women's health and employment in the urban slums of India. Established in 2015, Myna was founded to establish a secure and supportive environment for women to openly address and discuss their challenges and concerns, drawing inspiration from the chirpy nature of the Myna Bird.

# OUR VALUES

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## Ownership

We, the Myna Team, believe that Myna as an organization is ours to lead

## Integrity

We, the Myna Team, are integral in every way

## Compassionate

We, the Myna Team, truly care about improving the lives of our beneficiaries and our Myna family

## Unity

We, the Myna Team, believe that we are all one team working together to achieve our vision with purpose

## Growth Mindset

We, the Myna Team, embrace challenges, and keep learning and growing through our work with a positive attitude

## Data-Driven

We, the Myna Team, make decisions based on real evidence and data to serve our beneficiaries better

# AREAS OF INTERVENTION

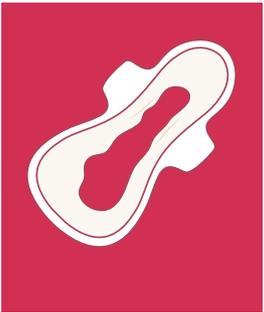




## HEALTH AWARENESS INITIATIVES

- Increasing the scope of health training sessions to cover a wider range of topics, including sexual and reproductive health, nutrition, maternal health, and preventive care.
- Conducting awareness campaigns to reduce stigma surrounding menstruation and foster a supportive community environment.
- Creating easy-to-comprehend video materials for women to watch in the comfort of their homes and be aware of their bodies and overall well-being.
- Using the health application - M-Health App, developed to keep track of their periods, book appointments, and use the private chat feature to discuss their problems.
- Availing teleconsultation facilities to become more proactive in maintaining their health and well-being.

## MENSTRUAL HEALTH AND HYGIENE



- Increasing accessibility of affordable menstrual products and promoting sustainable menstrual hygiene practices.
- Enhancing access to healthcare services by establishing more Myna Clinic and Health ATM locations.
- A pad production unit that produces high-quality, cost-effective pads for its beneficiaries
- Encouraging M-Health users to avail of health products easily

## TECHNOLOGICAL EMPOWERMENT



- Utilizing training sessions and videos that raise awareness on sexual and reproductive health to empower women.
- Expanding the use of technology through M-Health Application.
- Introducing the pilot stage of Myna Bolo (a chatbot specializing in the linguistics of the targeted beneficiaries with more accurate, personalized, and sensitive responses to the beneficiaries' queries.



## EMPLOYABILITY PROGRAMS

- Diversifying skills training programs to meet the evolving demands of the job market.
- Collaborating with industries to create targeted employment opportunities for women, ensuring sustainable and fulfilling work, especially in AI.
- Introducing Smartphone-based employment opportunities for women in basic tasks like data labeling and more complex sectors like prompt engineering.
- Scaling up the Boutique's operations to create more employment opportunities through upcycling and sustainable practices.
- Fostering networking opportunities for women.



## RESEARCH AND DATA ANALYSIS

- Conducting in-depth research on emerging issues affecting women in urban slums.
- Using data analytics to evaluate the impact of existing programs and inform strategic decision-making for future interventions.



# OUR REACH

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- Natwar Parekh Compound
- Govandi slums
- Indian Oil
- Lallubhai compounds
- Vashi Naka
- Goregaon
- Mankhurd
- Kokriagar
- Kurla
- Dharavi
- Chembur
- Borivali





# OUR VERTICALS

# MYNA FOR HER.

## MYNA HEALTH

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is dedicated to delivering health education, products, and services to girls and women in urban slum areas through the Myna Health Access model. This model was implemented in the previous year through its key initiatives in healthcare: the Sponsor a Girl Program, the Mobile Clinic Van, the Teach Menses India program, and the M-Health Application. Myna Pads are made accessible through the Health Access model.

## MYNA EMPLOY

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actively creates employment opportunities and imparts employability skills to girls and women in urban slums through the Rani Work App. This smartphone-based gig work platform envisioned to reimagine work for women and offers diverse work opportunities. Additionally, Myna Employ has a Boutique specializing in crafting customized bags from upcycled textile materials.

## MYNA RESEARCH

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underscores Myna's commitment to a data-driven approach, facilitating strategic decision-making based on insightful data interpretation. These insights are then used to design various interventions for women's empowerment.



# MYNA HEALTH



# TEACH MENSES INDIA



Teach Menses India (TMI) is dedicated to enhancing the sexual and reproductive health of young girls and women residing in urban slums across India. This intervention targets school and college girls with an attempt to provide basic awareness at an early stage to make informed decisions. The program's holistic approach focuses on three important aspects of women's health:

(1) teaching them about sexual and reproductive health, (2) ensuring they adopt hygiene products, and (3) providing them access to quality health products and services.

Implemented in schools and colleges, the program strategically focuses on creating awareness about menstrual health and nutrition and dispelling myths associated with menstruation. The pivotal objectives of this initiative encompass but not limited to:

- Providing a comprehensive understanding of the physiological changes in a girl's body.
- Offering detailed insights into the menstrual cycle.
- Educating on how to track menstrual periods effectively.
- Normalizing open conversations about menstruation.
- Raising awareness about various products available for use during periods.
- Organizing self-care sessions tailored for girls.

## BENEFICIARY COUNT

2019-20	8135
2022-23	25,000
2023-24	11,296



# CHAMPIONS PROGRAM

The Champions Program is designed to help generate awareness, foster the adoption of health products, and ensure accessibility of SRH health services. The curriculum for the Champions Program is designed to enhance the physical well-being and independence of girls and women through Awareness Generation, aspiration-building sessions, Physical health sessions, and Mental health sessions. For product delivery, beneficiaries receive a download of the Myna Health app, providing them with valuable resources. Regarding service access, the program incorporates Anemia Intervention involving pre- and post-hemoglobin testing, IFA supplementation, and diet counseling.

This program aimed to equip women from underprivileged backgrounds with proper menstrual products and impart knowledge through training on menstrual hygiene management.

The overarching goals include:

- Spreading awareness, motivating and engaging women in a series of sessions
- Fostering aspirations
- Increasing awareness about individual physical health
- Linking mental health to sexual and reproductive health (SRH) and menstruation
- Assisting women in managing stress levels
- Improving the nutritional status of women, particularly addressing iron deficiency anemia.



## BENEFICIARY COUNT

2021-22

3456

2022-23

12,000

# MYNA MOBILE CLINIC



Bringing medical health to the doorstep, the Mobile Clinic helps women and girls between the ages of 10 and 55 take care of their health through treatment and prevention. The primary goal of this clinic is to bring healthcare services directly to the homes of women and children residing in vulnerable and underserved slum areas. The Mobile Medical Clinic (MMC) adheres to the quality and privacy standards expected from primary health centers, offering essential outpatient care specifically designed for women and children.

In addition to providing medical treatment, the MMC will actively engage in raising awareness and educating women and children on preventive healthcare measures. This education will be facilitated through empathetic counseling by our qualified gynecologists, the Myna Health mobile app and an Interactive Voice Response System (IVRS).

For each consultation, a nominal fee of Rs. 20 will be charged. However, medicines available at the MMC will be provided to the patient free of cost. The field team holds the discretion to waive the fees, especially in cases where patients are extremely economically disadvantaged and in urgent need of care and treatment.

## BENEFICIARY COUNT

2021-22	11,200
2022-23	20,000



# MYNA EMPLOY



# RANI WORK



Rani Work was developed in 2021 by Myna Mahila Foundation. Rani is a micro-tasking platform for low-income married women to earn income and upskill from home using only their smartphones. Rani differs from other data annotation and labeling platforms through its gender-inclusive and worker-centric design, quality, cost, and impact.

Rani Work is on a mission to address the pressing issue of limited employment opportunities for semi-skilled women in India by offering them access to future digital jobs. Our vision aims to bridge the digital gender gap by supporting workforce development solutions that empower and upskill some of the most underserved populations in India.

Our primary focus is on low-income women living in urban slum communities, peri-urban areas, and rural regions where smartphone usage is rapidly gaining traction.

With a worker-centric approach, Rani Work aims to significantly boost female labor force participation in India within low-income communities, offering digital jobs that are highly scalable and sustainable.

## BENEFICIARY COUNT

1,750

# MYNA BOUTIQUE

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Integration of employment and sustainability lies at the heart of Myna Boutique. We gather discarded fabric from textile factories and transform it into distinctive upcycled items such as handbags, pad pouches, and veggie bags. Skilled women from low-income households are employed to craft these products, offering them an extra source of income to enhance their quality of life.





# MYNA RESEARCH



## THE OVERVIEW

At Myna, our key focus is to make data-driven decisions to increase women's agency in decision-making. We undertake comprehensive surveys to delve into various aspects of a woman's life, including the demographic profile of women, their current situations, involvement in household decision-making, and the conditions of their living facilities. Through these surveys, we also try to delve into the prevalent gaps in healthcare services.

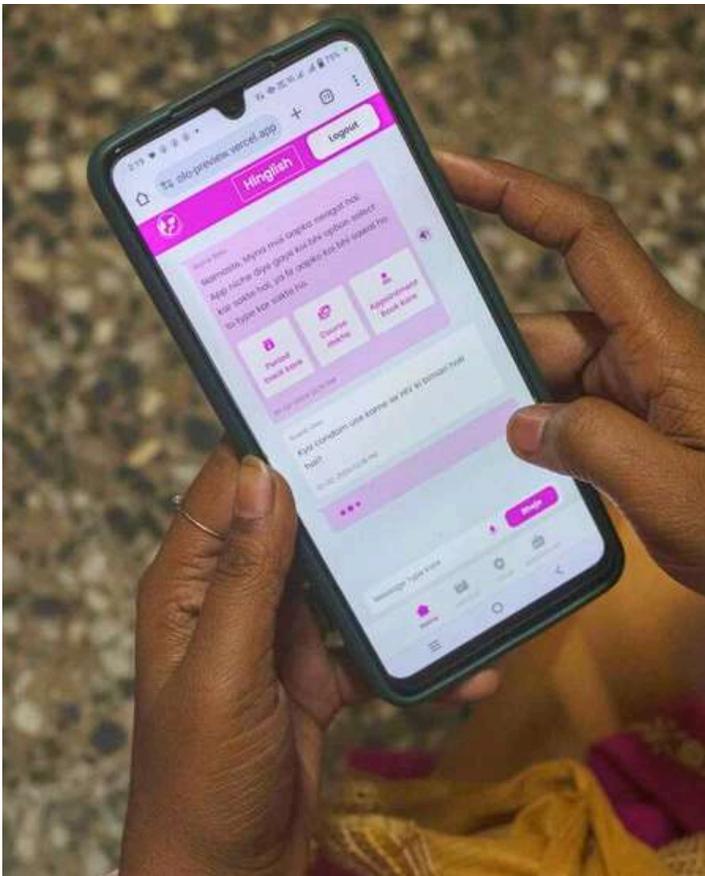
The data collected from these surveys directly correlates with the likelihood of women seeking health facilities within their communities.

This correlation guides Myna in planning and analyzing interventions tailored to the

healthcare needs of communities requiring targeted support. Our interventions are a direct outcome of the insights from the field, understanding the ground-level realities and consideration of the ecosystem gaps.



# MYNA BOLO



Myna Bolo focuses specifically on women and girls in Indian urban slums between 18-30 years who have at least completed education until Grade 10 (middle educated), have access to smartphones, and lack access to sexual and reproductive health resources.

Over the last eight years, Myna Mahila Foundation has supported 1.5 million such women in urban slums with their SRH concerns, and these experiences have built our understanding of the types of issues women cannot resolve within the existing health ecosystem. Most relevantly, we built the Myna Health App, which features sections for period tracking, short videos, SRH daily tips, and public & private chats.

Seeing additional unmet needs for direct answers to women's questions, we created an SRH chatbot, Myna Bolo which integrates LLM technology into the Myna Health App through a LLM model. This tool will empower women in India with on-demand, factually accurate information regarding their SRH concerns that, critically, is actually relevant for their local context. We have engineered a solution for a woman to ask questions about her health and get tailored responses for her particular situation after a series of questions and steps. Common questions like "I'm having a problem with white discharge" are answered seamlessly in simple, hinglish language and providing medically accurate and culturally relevant information.

Our interactive tool immediately engages her in further questioning and gets engaged on preventative SRH healthcare. Given the urgency (real or perceived) of these queries, the limited time a woman has on her shared smartphone before it's commandeered by her husband and the private nature of these questions, it is essential to respond to a query right away to ensure that the woman sticks with the conversation and receives accurate information. It wasn't possible before to respond within such short windows in a scalable way. Still, Myna Bolo can solve this problem thanks to novel conversational LLM technology.

**PILOTING IT WITH**

**300**

# EVENTS AT MYNA



# TATA MUMBAI MARATHON

It was an incredible day as Team Myna stepped onto the track at the Tata Mumbai Marathon! Our presence was truly unmissable as our team joined the marathon as running enthusiasts and the most spirited cheerleaders.

But this wasn't just a run – it was an expression of our commitment to creating awareness on Menstrual Health. With vibrant slogans and posters, we made sure our message on sexual reproductive health echoed loud and clear. "Jab Naari mein hai Shakti Saari, toh kyu kahe inhe bechari, Maa banana zaruri hai, toh Periods aana zaruri hai..." resonated as the voice of the day!

We ran to shatter taboos and amplifying the cause of Sexual Reproductive Health. This event was more than a marathon; it was a powerful event for breaking barriers and creating awareness about women's health.



# MENSTRUAL HYGIENE DAY 2024

Myna Mahila Foundation marked Menstrual Hygiene Day with a vibrant parade from Jeevan Jyot School to National High School in Mumbai's Lallubhai area. Dressed in red and white, participants, including Myna's beneficiaries and staff, carried placards and chanted slogans to advocate for menstrual health awareness and break the stigma surrounding menstruation.

The event kicked off with speeches by Myna leaders who highlighted the day's significance and the ongoing need to support and empower women and girls to manage menstruation openly and without shame. The parade featured energetic chants like "Myna Bolo, Khul kar Bolo" and "Nari mein hai shakti sari, toh kyu kahe inhe bichari," emphasizing strength and resilience.



# BENEFITS COLLABORATION

Benefit Cosmetics collaborated with Myna Mahila Foundation, they called it 'Share the Light' campaign. It has been a seamless partnership, founded on shared values of women's empowerment. Aashna Shroff, the event's brand ambassador, visited Myna Mahila Foundation's Govandi office, engaging with exceptional team members like Ankita, Lakshmi, and Ayesha, who play vital roles as program trainers and health executives.

Aashna witnessed their impactful work in menstruation, sexual and reproductive health, and innovative product development.

This partnership also featured a powerful photoshoot and a special event where Benefit showcased Diwali kits, strengthening our social media presence and branding while emphasizing our shared commitment to women's empowerment.



# WOMEN'S DAY

On March 8th, 2024, Myna Mahila Family came together at our Govandi center to mark International Women's Day with joy and inspiration! The day was filled with empowering speeches, interactive sessions, and exciting activities. From makeup stalls to games and dancing.

One of the highlights was the showcase of inspirational videos featuring women's transformative journeys. From successful entrepreneurship stories to the significant impact of our M-Health app education, these stories truly highlighted the strength of women in our community.





# HEAR FROM OUR BENEFICIARIES



# CASE STUDIES

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‘Meet Kajal, a 25-year-old whose life changed dramatically a few years ago when her father passed away suddenly. With her mother now responsible for the family's needs, Kajal couldn't bear to see her struggle alone. So, she set out to find a job to help support them. That's when she found Myna Mahila Foundation. Kajal has been an essential part of the team for the past eight years. Not only has she been able to earn a living, but she's also been able to provide stability for her family.

Kajal's family proudly shares her story, sometimes teasingly asking her mother if Kajal is her daughter or son. This playful question highlights how Kajal's support breaks traditional gender roles, showing that her efforts are just as valuable as those traditionally expected from a son.’



‘Meet Zahera Begum, a 35-year-old resident of Zakir Hussain Nagar whose journey with Myna Mahila Foundation has been nothing short of transformative.

Through Myna's initiatives, Zahera learned the significance of breaking the silence surrounding menstruation. She now actively engages in conversations about women's health and shares her knowledge with other women in her community. Zahera finds fulfillment in making a positive difference in the lives of others.

Zahera's enthusiasm for Myna's sessions is contagious. She rallies her friends and neighbors to attend, witnessing first-hand the eagerness of women to learn and grow together. Zahera's impact extends beyond herself; she notices a positive change in her community as more women embrace using pads. Zahera is a proud Champion of the Myna Mahila Foundation.’

# SNAPSHOT OF 2021-23



# 8 POINT COVID PROJECT

In response to the lack of access to essentials in the aftermath of the COVID-19 lockdown in Mumbai, Myna launched the "8-point COVID-19 plan" to meet the community's needs of food, face masks, menstrual supplies, and accessible information.



- **Ration Relief:** Provision of food and sanitary packs to 300 - 600 families daily among containment zones.
- **Manufacturing and Provision of Face Masks:** Our sanitary napkin manufacturing has been repurposed to produce face masks that are then distributed to healthcare providers and vulnerable families.
- **Women's Helpline:** We are alerting our existing beneficiaries and their families (thousands of slum residents) through mobile notifications as well as handling a helpline for Mumbai's M-Ward that is supporting women in distress.
- **Disease Surveillance in Slums:** We are recording and mapping fever symptoms in the community, and exploring possibilities with the local government to record cases with them to refer to local fever clinics
- **Myna Health App:** Our mobile application offers video resources for COVID-19 and MHM awareness, a chatbot for common concerns, and a period tracker.
- **COVID-19 Sensitization:** We are using the support of volunteers to gain insights about disease prevalence in slum communities and increase awareness through phone calls about local resources.
- **COVID-19 Stigma Research:** As part of a Stanford research project, we are surveying informal healthcare providers and community dwellers to understand the effects of stigma around COVID-19 in preventing access to care.
- **Online Webinars:** We are organizing Zoom education and awareness sessions on health and hygiene.

**BENEFICIARY COUNT**

**84,000**

# MYNA MOBILE CLINIC

Myna's Mobile Clinic Bus is a health facility that initially provided general health facilities to family members during COVID-19 in 2021. In 2022, there was a shift towards sexual and reproductive health of girls and women between the age groups of 10 to 51 years. This clinic bus reaches out to the last-mile girls and women with a female doctor's facility for health access.

The women and girls have direct access to a gynecologist where they can have personal individual appointments, so no one accompanies them during these check-ups.



# MYNA COMMUNITY, CENTRES AND CHEMIST SHOPS



Myna's Community Centers are located in urban slum pockets. These centres hold educational sessions for women and girls belonging to informal settlements. The sessions pertain to women's sexual reproductive health, menstrual product of choice, life skills and vocational training. Women need not travel long distances for menstrual health Myna makes it a point to reach each woman.

Two such community centers are located within the Slums of Bandra and Govandi. The Govandi Center also has a pad production unit that produces cottony soft Myna maternity pads. Myna's sanitary pads, which are packaged at Govandi, are available to purchase at local Chemist shops within the Bandra and Govandi slum pockets, as well as on Flipkart.

# DOOR-STEP PROGRAM

In our Door-step Access Program, Myna's pad production women go door to door, to raise awareness about periods and facilitate the usage of pads. They both guide the women of their neighborhood community about the appropriate health and hygiene practices as well as help grow our sales network.

All pad production women are first trained to observe their environment, read behaviors and act accordingly. We also consider pro-activeness, basic literacy and communication, their understanding of the initiative and their knowledge of the community. The program generates opportunities not only for employment but also for personal growth.



## BENEFICIARY COUNT

1,434

# MYNA ATM



Myna's Women Health ATM has Myna's affordable, locally produced pads that match international standards of quality and hygiene. These pads are stored behind a clear glass pane. Women may choose depending on their needs. The absence of shopkeepers will ensure no judgment. The ATM is digitally run and utilizes online payment methods. This, in turn, will help safer hygienic practices to be adopted among menstruators.



# EVENTS AT MYNA



# TATA MUMBAI MARATHON 2022

Every year, Myna Mahila Foundation takes part in the Tata Mumbai Marathon. For these years also, the team took part in that. The team consisted of 8 players, rest of the staff, interns and fellows. All of them were present to cheer the runners. Our objective was to raise funds through individuals fundraising and corporate participation, and we were happy to have collected over Rs. 2,00,000 in donations.



# WOMEN'S DAY



The occasion of Women's Day is incredibly special for all of us at Myna - it was the day we launched our Sponsor A Girl program. More than that, we think of this as a day that celebrates the resilience, inspiring and indomitable spirit of women. We celebrated International Women's Day on 8 March, 2020, at our newly Inaugurated Bandra Centre.

The event was attended by 200 individuals, who participated in games like Musical Chairs, Lemon and Spoon Race, among others. We also launched our Sponsor A Girl program for the year, and distributed 114 pads on the day itself. From dance performances to fun games, it was the perfect day to celebrate womanhood, and the work we do for women.

# MYNA SPEAKS

Myna Speaks is our annual menstrual health conference, which seeks to bring together key players in the Menstrual Hygiene space.

The aim is to:

- Promote conversations that disrupt the current restrictive culture
- Initiate a conversation on women's health, menstruation
- Discuss ideas that can be directed into actionable outcomes

The event's theme was Setting the Women's Health Agenda: Vision for 2025. We were honored to have conducted this event in the virtual presence of many of our supporters, like Ms. Nicola Brentnall, MVO, CEO of Queen's Commonwealth Trust, who gave the opening address. Ms. Brentnall shared, in detail, about how the pandemic poses a threat to women's health, citing the UN's report.



# MYNA DAY

Myna Mahila Foundation completed SEVEN years of its commencement on the July 6, 2022. Due to this, an event was organized at our community centers - Bandra and Govandi. The aim was to engage our beneficiaries of the urban slums to extend their creative horizons on women's empowerment. Myna's entire team met in the second half at the community center at Govandi. The Myna centers were decorated by the Myna team for the 7th anniversary. To appreciate the time and talent shown by the participants, Myna facilitated each participant with a participation certificate and a pad packet.



# MHM DAY

28th May 2022, Menstrual Hygiene Management Day began with the participants' warm welcome, followed by a brief introduction to the Myna Mahila Foundation. Myna Mahila Foundation conducted an MHM session, panel discussions, and various stalls were displayed.

Before the #PadParade, the Myna Mahila staff and fellows mobilized the community members to create pre-event awareness and encourage community members to join hands in the event. 102 women, men, girls, and boys participated in the #PadParade. Few police constables joined in with the slogan calling and parade marching. The #PadParade began from the Myna Mahila center and covered the Natwar Parekh Compound.



## SPONSOR A SISTER – RAKSHA BANDHAN

We launched this program in 2022, on the occasion of Raksha Bandhan. The main aim was to sensitize boys about menstruation and motivate them to help the girls and women - sisters, mothers, wives, daughters, and others, during their periods. The event began by showing them a video of how a young man helps a stranger who has stained her skirt due to her first period.

At the end of the event we gifted the boys a kit consisting of essential items for menstrual hygiene management for 3 months. They were asked to give these to their sisters as a Raksha Bandhan gift. It also helped us break the stigma and taboo around the topic.



# WHAT WE HAVE IN STORE FOR THE UPCOMING YEAR!



# OUR VERTICALS, GOVERNMENT PARTNERSHIPS, AND MYNA BOLO

Since 2015, Myna Mahila has been dedicated to improving menstrual health by providing education and sanitary products to underserved communities. Over the years, our efforts have positively impacted numerous lives, breaking taboos and promoting better health and hygiene practices. As we look ahead to 2024-25, we are excited to announce that Myna's three core focus areas will become more streamlined and targeted, enabling us to enhance our impact even further.

Myna Health will continue to be a cornerstone of our organization, with a renewed emphasis on providing comprehensive access to health education, essential health services, and health products. Our primary focus will be on Sexual Reproductive Health, a critical area that demands greater attention and resources. We will leverage digital technology through the Myna Health App to facilitate this. It will be vital in delivering accurate information and services directly to those needing them most.

Myna Employ will be another crucial area

of focus aimed at empowering women in urban slums by providing them with access to digitally enabled job opportunities. This initiative bridges the gap between skill development and employment, helping women achieve financial independence and improve their quality of life.

Myna Research will play a pivotal role in our strategy by developing a comprehensive database of women in the workforce. This database will not only provide valuable insights into the employment patterns and challenges faced by women in urban slums but also serve as a foundation for our research publications.

Additionally, we recognize the importance of collaboration and partnership in achieving our goals. Furthermore, we will be expanding Myna Bolo, our community outreach initiative. Myna Bolo aims to create a platform for open dialogue and advocacy on women's health and empowerment issues.



# DONORS

BILL & MELINDA  
GATES foundation

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ONGC



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COMMONWEALTH  
TRUST

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★ ★ ★ ★  
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UNIVERSITY



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SAN FRANCISCO

# OUR TEAM

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## THE CENTRAL TEAM

- **Suhani Jalota**- The Founder
- **Sweta Kanavaje**- Associate Director
- **Vaishnavi Adhav**- Manager-Finance
- **Dr. Shraddha Kale**- Associate Director-Health
- **Arya Patel**- Chief of Staff
- **Tanvi Divate**- Co-Founder Rani
- **Tanvi Savani**- Fundraising Associate
- **Ruchita Sapkal**- M&E Officer
- **Sudipta Gupta**- HR Consultant
- **Nandkishore Newalkar**- Financial Consultant
- **Nikita Lihinar**- M&E Head Consultant
- **Kishan Chandore**- Communications Associate Consultant
- **Poorva Patil**- Program Associate Consultant

## THE HEALTH VERTICAL

- **Suvarna Barkade**- Program Associate
- **Kamal Joshi**- Project Manager
- **Mohit Dekate**- Product Manager
- **Siddhi Karpe**- Master Trainer
- **Aisha Shaikh**- Lead Trainer
- **Archana Jadav**- Trainer
- **Ankita Soni**- Trainer
- **Tanjila Shaikh**- Trainer
- **Sophia Kumar**- Trainer
- **Sapna Tupe**- Trainer
- **Anisa M**- Trainer
- **Soni Gupta**- Trainer
- **Chhaya Dhavle**- Trainer
- **Sonali**- Trainer
- **Afreen Shaikh**- Leader
- **Shalini Gupta**- Fellow
- **NoorSaheb Shaikh**- Fellow
- **Sunita Prajapati**- Mobilizer
- **Anjum**- Mobilizer
- **Varsha**- Mobilizer
- **Kalpna Kadam**- Maid-Chembur
- **Pallavi Sitap**- Maid-Khar

- **Aisa Khan**- Mobilizer
- **Dr. Sadaf**- Consultant Doctor
- **Dr. Barira Chaudhary**- Consultant Doctor
- **Dr. Hera**- Consultant Doctor
- **Amreen Ejaz Mirza**- Nurse
- **Amreen Shaikh**- Nurse

## THE PAD PRODUCTION

- **Archana Ambre**- Sales and Production Manager
- **Mumtaz Ansari**- Pad woman
- **Noorjaha Shaikh**- Pad woman
- **Hasina Shaikh**- Pad woman
- **Aisha Khan**- Pad woman
- **Roshni Rupvate**- Pad woman
- **Sunita Yadav**- Pad woman
- **Rashida Ansari**- Pad woman
- **Kajal Godbole**- Pad woman
- **Uzma Shaikh**- Pad woman

## THE RANI VERTICAL

- **Bhagyashri Mestry**- Program Lead
- **Reshma Dhukate**- Center Operations Lead
- **Zeel Mehta**- Product Manager
- **Navin Kumar Singh**- Research Associate
- **Sunita Bhawar**- Field Operations Lead-
- **Manini Mohite**- Helpline Executive
- **Shabina Mirza**- Field Surveyor
- **Saira Khatoon**- Field Surveyor
- **Shahnaz Shaikh**- Field Surveyor
- **Tabassum Shaikh**- Field Surveyor
- **Muskan Idrisi**- Field Surveyor
- **Neeta**- Field Surveyor



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